

THE SON RUN

-in memory of Earl S. (Sonny) Von Burg Jr.-

5K RUN/WALK TO BENEFIT LOCAL UNINSURED CANCER PATIENTS

**SATURDAY SEPTEMBER 21, 2013
GLACIER ICE ARENA
2515 Riverside Pkwy,
Grand Junction CO**

**Check in and registration 6:30 am.
Race start time 8am.**

Our course will run West on the Riverfront trail, looping around Blue Heron Lake (soft dirt trail around), with a water stop at the halfway point, and then back again to Glacier. See web site for registration, map, and other info.

Strider members \$5 off!

PRE REGISTRATION ENTRY FEE: MAIL IN, \$25.

T-SHIRTS TO FIRST 100 REGISTRATIONS

RACE DAY ENTRY FEE: \$30, no t-shirt guarantee.

ONLINE PRINTABLE REGISTRATION FOR MAILING @ thesonrun.cfsites.org

FOR MORE INFO:

TAMI @ 210-0565

Mail in registrations

MUST be postmarked

by September 7th

PLEASE READ AND SIGN:

I, the undersigned, do understand that this event is potentially hazardous to my health and could result in personal injury and/or death, and I should not enter or participate unless I am properly trained and medically able.

I attest and verify that I am sufficiently physically able to participate in this event and I have no medical condition that prevents me from safely participating. I assume complete responsibility for any injury or accident which may occur while I'm traveling to and from the event, during the event, or while I am on the premises of the event.

I, as well as any and all of my heirs, hereby release and discharge The Son Run, it's sponsors, and the city of Grand Junction from any and all claims, demands, actions, and of cause of action of any kind or damage sustained by me arising out of my participation of this event.

I also understand and agree that the sponsors may subsequently use, without obligation or liability, my name or picture of me participating in this event.

I have read the entry information provided and certify my compliance by my signature below.

Name:

Emergency contact:

Address:

City, State, & Zip

Phone:

E-Mail:

BIRTHDATE

Age on race day:

SEX

Signature:

Date:

T-shirt: yes no

SHIRT SIZE S M L XL

Must be signed by legal guardian if entrant is under 18 years old.